



“Matt has put together a teacher-friendly and easy-to-follow physical education curriculum. The materials are visually engaging with easy-to-read directions. *PE by Design* is a must-read for every classroom teacher.”

— Dan Guliasi, 2nd grade classroom teacher, Mill Valley, California

“*PE by Design* is well organized and definitely designed with the classroom teacher in mind. The behavior-management appendix should be of particular value. The purpose behind the activities is clearly explained and it looks like it will be a great resource.”

— Patty Plowden, 1st and 2nd grade classroom teacher, Reno, Nevada

“Matt Gardner has put together a wonderful collection of lessons that teachers or parents will find easy, fun and useful to implement. With education budgets being strained and non-tested curricular areas being cut, classroom teachers will find adding these routines and activities to their daily schedules easy. Complete with step by step directions, along with helpful photographs, this manual will be invaluable to teachers who might otherwise not feel comfortable teaching physical education.”

— Amy Edwards, reading intervention specialist and former elementary school classroom teacher, Tucson, Arizona

Send inquiries to: [info@studentoneeducation.com](mailto:info@studentoneeducation.com)