

Amoeba Tag

Grades 2-5

BENEFIT

Vigorous aerobic exercise

LOCATION

Grass

EQUIPMENT

Cones
(as needed)

1 Establish boundaries for a large playing area on the grass, perhaps the entire field. Use permanent playground features (such as trees and backstops), and cones if needed, to mark the boundaries. Choose three or four pairs of students to be amoebas. Each pair stands side by side, holding hands.

2 Say “Ready, go” to begin the game. The amoeba pairs chase the unpaired students and try to tag them. When an amoeba tags a student, that student joins the amoeba, making a group of three. When the group tags and adds a fourth student, the amoeba splits in two. Instead of one amoeba with four students, there are now two amoebas with two students each. The two amoebas begin chasing independently.

3 The process of tagging, adding students, then dividing the amoebas, continues until all students belong to an amoeba.



An amoeba chases an unpaired student (A). When an amoeba grows to four students (B), it splits in half, creating two smaller amoebas (C).