

Blob Tag

Grades K-5

BENEFIT

Vigorous aerobic exercise

LOCATION

Grass

EQUIPMENT

Cones
(as needed)

- 1 Establish boundaries for a large playing area on the grass, perhaps the entire field. Use permanent playground features (such as trees and backstops), and cones if needed, to mark the boundaries. Pick two students to hold hands and become the blob.
- 2 Say “Ready, go” to begin the game. The blob chases the other students and tries to tag them. As students get tagged, they join hands with the blob. The blob continues to grow.
- 3 The game continues until all the students have joined the blob.



Students in the blob hold hands as they chase after a classmate. If a student gets tagged, he joins the blob.