

# Circle-Straddle Ball

Grades K–5

## BENEFIT

Rolling skills,  
catching skills

## LOCATION

Blacktop,  
multipurpose  
room

## EQUIPMENT

Three to six soft  
foam balls

- 1 Have your students form a large circle and stand with their feet far apart. The outside edges of the students' feet should touch. Distribute three to six balls to students in various parts of the circle.
- 2 Each student with a ball tries to roll it out of the circle through a gap between another student's feet. Students should bend forward at the waist and guard the opening between their own feet with their hands. When a ball comes to a student, she should catch it and attempt to roll it out of the circle. Students who allow a ball to roll through their legs must retrieve the ball, do 10 jumping jacks, and return to their spot.
- 3 Students may not throw the ball—they must roll it. Students may not roll the ball between the feet of the person right next to them.



Students take a wide-legged stance and try to roll balls out of the circle, through their classmates' feet.