

# Crows and Cranes

Grades 1-5

## BENEFIT

Moderate aerobic exercise

## LOCATION

Grass

## EQUIPMENT

12 cones

## Tip

When saying the team names, stretch out the *cr* sound to build suspense. Will you say “Crrrr-ows” or “Crrrr-anes”?

- 1** Set up two parallel lines on the grass, approximately 50 feet apart. Split the class into two teams: Crows and Cranes. Each team lines up along one of the lines, facing the other team.
- 2** Ask the teams to move forward until they are roughly midway between the two lines, still facing the other team. Leave approximately 5 feet of space between the teams.
- 3** Next, call out a team name. If you say “Crows,” the Crows chase the Cranes back to their line. If you say “Cranes,” the Cranes chase the Crows back to their line. Everyone who gets tagged before reaching their line joins the other team.
- 4** The students return to the center, line up facing each other, and wait for you to call out either “Crows” or “Cranes.” The game continues until one team has all of the players.



Two teams—named Crows and Cranes—line up facing each other. The teacher calls out one team’s name, and that team chases the other.