

Dogs and Fleas

Grades 2–5

BENEFIT

Throwing skills, catching skills, fine motor skills, moderate aerobic exercise

LOCATION

Grass, blacktop

EQUIPMENT

One beanbag and one cone for every two students

- 1 Spread the cones randomly across a medium-size square playing area (roughly 100 feet by 100 feet).
- 2 Instruct half the students to stand over a cone while holding a beanbag. These students are the dogs. The rest of the students are the fleas.
- 3 The fleas jog around the playing area interacting with the dogs. Each flea must catch and return a beanbag from each dog. When a flea approaches a dog and stops a few feet away, the dog tosses its beanbag to that flea; the flea catches the beanbag, then tosses it back to the dog.

Tip

Tell the fleas to signal when they're ready to receive a beanbag toss by setting a target with their hands.

Tip

Encourage your students to toss the beanbag underhand. They should hold the beanbag in one hand and step toward the target with the opposite foot.



Variation

Use any type of ball in place of a beanbag for this game.

The dogs, standing over their cones, must toss a beanbag to a passing flea and receive a toss in return.