

Little Soldiers

Grades K–5

BENEFIT

Moderate aerobic exercise, concentration skills

LOCATION

Grass, blacktop, multipurpose room

EQUIPMENT

12 cones (optional)

- 1 Set up two parallel lines, approximately 50 feet apart.
- 2 Split your class into two groups, one for each line. Have the students stand side by side along their own line, facing the other group.
- 3 When you say “Ready, go,” the students march like soldiers to the other line. The students meet in the middle, and one group passes through the other. When the soldiers arrive on their new line, they turn around and stand at attention, with their arms firmly by their sides, chin up, chest out, eyes front.
- 4 Announce which group has the most-disciplined, attentive soldiers based on the following criteria:
 - Which team kept the straightest line during the march?
 - Which team came closest to standing perfectly still, at attention, in a straight line, after arriving at the new line?
 - Which team made the least noise after lining up?
- 5 Repeat several times.



A team of soldiers stands side by side, ready to march (A). Two teams march toward each other (B). Both sets of soldiers must maintain their line formation while marching past the opposing team. The goal is to reach the other side in a soldierly fashion.