

Mirror, Mirror, on the Wall

Grades K-5

BENEFIT

Muscular coordination

LOCATION

Grass, blacktop, multipurpose room

EQUIPMENT

None

- 1 Assign each student a partner; one student is the leader, and the other is the mirror. The partners stand face to face, a few feet apart.
- 2 The leader looks at his partner and pretends to be staring into a mirror. The leader makes a series of movements, and the mirror must mimic those movements. The leader can comb his hair, pretend to shave or put on makeup, pretend to juggle, pretend to sing into a microphone—anything he wants.
- 3 After about 30 seconds, tell the students to switch roles.



One student pretends to be a mirror and copies the leader's movements.