

Pinky Tag

Grades 2-5

BENEFIT

Vigorous aerobic exercise

LOCATION

Grass

EQUIPMENT

Cones
(as needed)

Tip

Students who tag each other at the same time should do rock-paper-scissors. The winner rejoins the game, and the other student freezes and raises her pinky.

Variation

Have your students skip or gallop instead of run.

1 Establish boundaries for a large playing area on the grass, perhaps the entire field. Use permanent playground features (such as trees and backstops), and cones if needed, to mark the boundaries. Have your students spread out within the boundaries. There are no teams.

2 The students run around within the boundaries, trying to tag their classmates carefully with a pinky finger.

3 Students who get tagged must point one arm straight up into the air, with the pinky finger extended, then freeze. A frozen student remains frozen until another student approaches and makes the following promise out loud: "I'll free you if you agree not to tag me." The two pinky-swear—lock pinkies and shake. The frozen student is then free to rejoin the game and must not tag the student who freed her.



One student tags another with her pinky (A). The tagged student freezes, pointing her pinky in the air (B). Another student pinky swears with the frozen student to free her (C).