

Prairie Tag

Grades 2-5

BENEFIT

Vigorous aerobic exercise

LOCATION

Grass

EQUIPMENT

Cones
(as needed)

- 1 Establish boundaries for a large playing area on the grass, perhaps the entire field. Use permanent playground features (such as trees and backstops), and cones if needed, to mark the boundaries. Put students into groups of four or five. One student in each group is a sheep; the other students in the group are chaser dogs.
- 2 For each group, the sheep runs off through the prairie while the chaser dogs stay in place and count to five together. Once they've finished counting, the chaser dogs pursue the sheep from their group. When a chaser dog catches and tags the sheep, the entire group stops play and gathers at the spot of the tag.
- 3 The chaser dog that caught the sheep becomes the new sheep for the group and the game restarts. The new sheep flees as the dogs count to five and begin the chase again.



One student in each group of four is a sheep, running freely on the prairie; the other three students are chaser dogs, trying to tag the sheep. When a dog tags a sheep, the two trade roles and the chase starts again.