

Rock-Paper-Scissors Tag

Grades 2-5

BENEFIT

Moderate aerobic exercise

LOCATION

Grass

EQUIPMENT

12 cones

Tip

Change partners periodically to refresh the game.

- 1** Set up two parallel lines on the grass, approximately 50 feet apart. Assign each student a partner. The partners stand facing each other—their backs to the lines—midway between the lines.
- 2** Each student extends a fist and does rock-paper-scissors. The students must recognize quickly whose hand position won. The winner becomes the tagger; the loser becomes the runner. The tagger chases the runner to the line directly behind the runner and tries to tag her.
- 3** If the runner gets tagged before reaching her line, she must do five jumping jacks. Have the students compete against their partners continuously.



Students stand face-to-face with a partner and perform rock-paper-scissors. The winner chases his partner.