

Tiger Tag

Grades 2-5

BENEFIT

Moderate aerobic exercise, muscular strength and endurance

LOCATION

Grass

EQUIPMENT

24 cones

- 1** Establish boundaries for a medium-size square playing area on the grass (roughly 100 feet by 100 feet). Have your students spread out within the playing area, lie down on their stomachs, and cover their eyes.
- 2** Once all students have covered their eyes, quietly walk around and secretly tap five to seven students on the shoulder. These students become tigers. Next, tell the students to stand up and uncover their eyes.
- 3** Say “Ready, go” to begin the game. As soon as you say “Go,” the students you tapped on the shoulder immediately drop to the ground, transforming into tigers. The tigers crawl around on all fours and try to tag as many people as possible. Students may walk quickly but must not run. They must stay within bounds and not attempt to jump over the tigers.
- 4** Students who get tagged by a tiger or go out of bounds must drop to all fours and become tigers themselves. The game continues until every student has become a tiger.

A tiger, on all fours, chases a walking student and tries to tag him.

