

Tunnel Relay

Grades K–5

BENEFIT

Hand-eye coordination, cooperative skills

LOCATION

Grass, blacktop, multipurpose room

EQUIPMENT

Two soft foam balls

- 1** Split your class into two teams with equal numbers. Each team stands in a line, front to back. The students stand with their feet wide apart. Give a ball to the student at the head of each line.
- 2** Say “Ready, go” to begin the relay. The line leader leans forward and rolls the ball back between her legs to the back of the tunnel. The last student in line receives the ball, then runs to the front and repeats the process.
- 3** The first team to return the original line leader to the front of the line wins the round.



Each team's line leader rolls a ball to the back of the tunnel.